

AMSTERDAM SEPT 7TH

PSYCHOLOGY OF DUCHENNE MUSCULAR DYSTROPHY

Dr. Jos Hendriksen PhD

**Clinical psychologist and neuropsychologist
NETHERLANDS.**

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**DUCHENNE
CENTRUM
NEDERLAND**





NO CONFLICT OF INTEREST



KEMPENHAEGHE CENTER FOR NEUROLOGICAL LEARNING DISABILITIES



Duchenne Centre Netherlands:
Leiden UMC
Radboud UMC
Heeze Kempenhaghe/
Maastricht UMC

2 research lines with PhD trajects

- Non motor problems
- Diagnosis and treatment of problems in learning and behavior.

PART 1: INTRODUCTION: LEARNING AND BEHAVIOR IN DMD

LITERATURE SEARCH

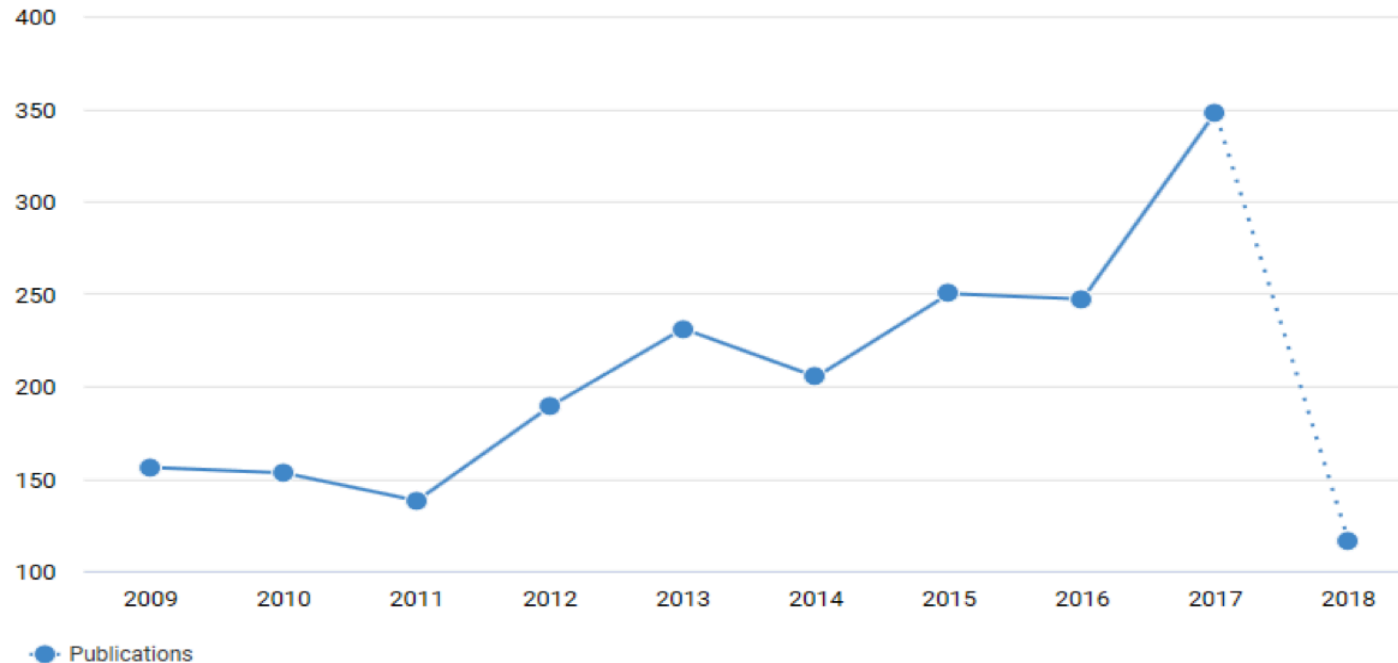
Overview

related to your search

Publications metrics

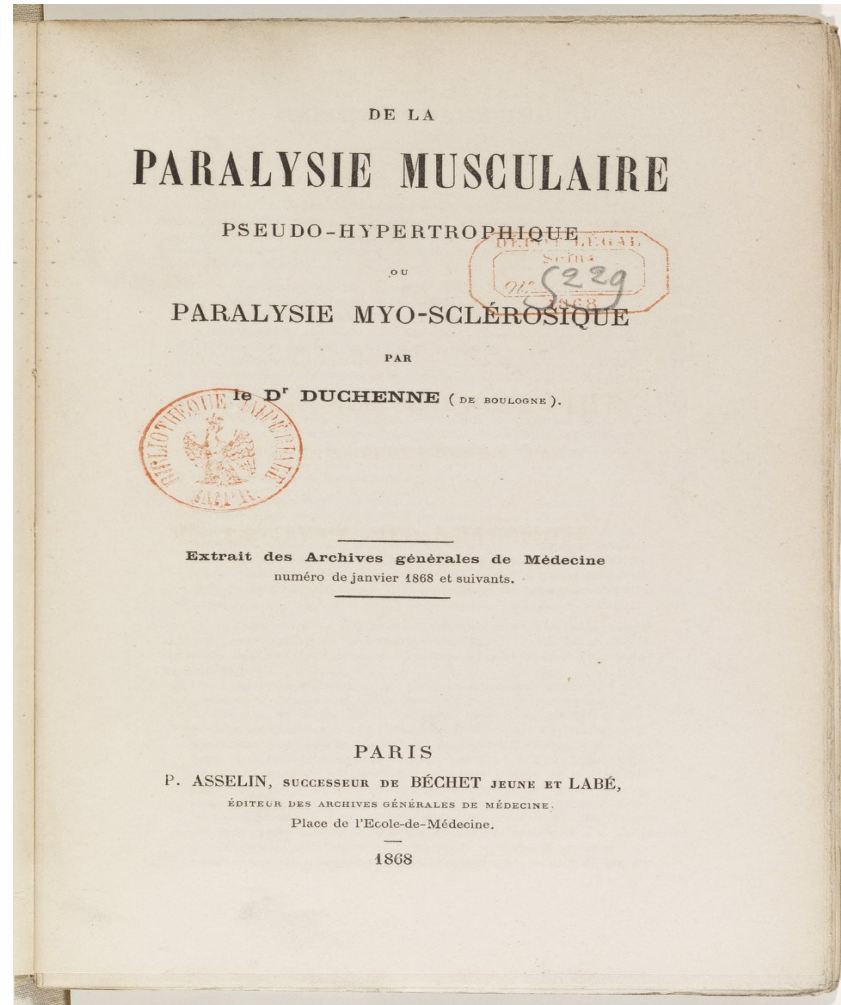
Chart | Table

● Publications	3,117	○ Cited / Not cited (%)	77.5 / 22.5	○ RCR Mean	1.89
○ Citations	102,621	○ Citations per publication	33.04	○ FCR Mean	2.05

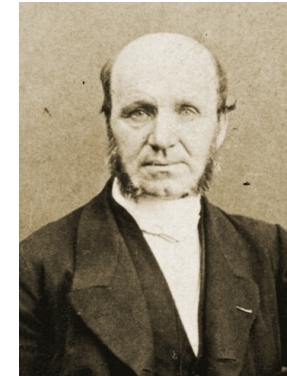


DUCHENNE DE BOULOGNE (1868)

LONG HISTORY



Source gallica.bnf.fr / Bibliothèque nationale de France



13 patients:

6 low IQ

2 language deficit

2 epilepsy

DYSTROPHIN ASSOCIATED DEVELOPMENTAL DISORDERS (2016)

DEVELOPMENTAL MEDICINE & CHILD NEUROLOGY

ORIGINAL ARTICLE

150 YEARS LATER

Neurodevelopmental, emotional, and behavioural problems in Duchenne muscular dystrophy in relation to underlying dystrophin gene mutations

VALERIA RICOTTI¹ | WILLIAM P L MANDY² | MARIACRISTINA SCOTO¹ | MARIKA PANE³ |
NICOLAS DECONINCK^{4,5} | SONIA MESSINA⁶ | EUGENIO MERCURI^{1,3} | DAVID H SKUSE² |
FRANCESCO MUNTONI^{1,*}

150 YEARS LATER

DMCN

Developmental Medicine & Child Neurology

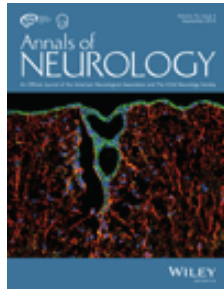
Muscle and brain: a dyad with important diagnostic and therapeutic implications

JOS G M HENDRIKSEN | JOHAN S H VLES

Department of Neurological Learning Disabilities, Epilepsy Centre
Kempenhaghe, Heeze, the Netherlands.

BRAIN INVOLVEMENT

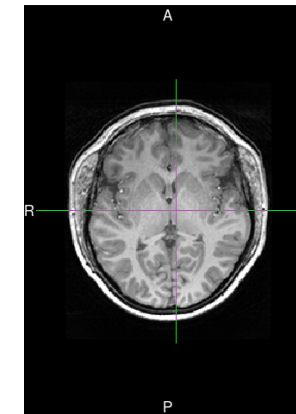
ALTERED BRAIN MORPHOLOGY IN DMD BOYS



Reduced Cerebral Gray Matter and Altered White Matter in Boys with Duchenne Muscular Dystrophy

Nathalie Doorenweerd, MSc,^{1,2,3} Chiara S. Straathof, MD,³ Eve M. Dumas, PhD,³
Pietro Spitali, PhD,⁴ Ieke B. Ginjaar, PhD,⁵ Beatrijs H. Wokke, MD,³
Debby G. Schrans, MSc,⁶ Janneke C. van den Bergen, MD,³
Erik W. van Zwet, PhD,⁷ Andrew Webb, PhD,¹ Mark A. van Buchem, MD, PhD,¹
Jan J. Verschuuren, MD, PhD,³ Jos G. Hendriksen, PhD,^{6,8} Erik H. Niks, MD, PhD,³
and Hermien E. Kan, PhD^{1,2}

Smaller grey matter volume
→ fewer neuronal cell bodies
Similar white matter volume with
reduced integrity of the white matter



PART 2: STANDARDS OF CARE

SOC: LANCET 2018

Psychosocial care:

- “should include surveillance and management of psychosocial aspects of the disease across the lifespan”.
- “Should address social and cognitive development as well as QOL and factors that affect patient and families across all environments (home, school, work)

SCREENING ON MENTAL HEALTH

Routine mental health screening

- At each neuromuscular clinic visit, mental health and quality of life should be screened
- Screening can be informal and does not require comprehensive assessment
- An appropriate tool for paediatric patients is the Strengths and Difficulties Questionnaire;²⁶ for adult patients, the Patient Health Questionnaire 9-item depression scale (PHQ-9)²⁷ and the Generalized Anxiety Disorder 7-item scale (GAD-7)²⁸ are appropriate; for parents of patients aged 5–17 years, the Personal Adjustment and Role Skills Scale (PARSIII) is suitable^{29,30} (scale and scoring programme is available on the Parent Project Muscular Dystrophy website)
- Screening can be conducted by a social worker or mental health professional or by other clinic staff with sufficient training or experience in this area (eg, a nurse or attending physician)
- If screening is positive, a referral should be made to a psychologist and psychiatrist for further assessment or treatment
- Every clinic should have a plan to assess and address suicidal ideation or other acute safety concerns
- Caregiver emotional adjustment should be monitored and intervention or support offered as needed
- Siblings of a person with DMD should be provided with opportunities to connect with other siblings of patients with DMD and with access to mental health services as needed

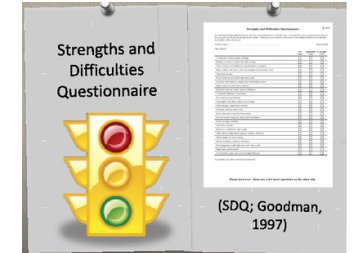
- SDQ: behavior
- PARS-III: adjustment

ADULT PATIENTS:

- GAD-7: anxiety
- PHQ9: depression

If screening is positive
referral to a psychologist/
psychiatrist should be
made

STRENGTHS AND DIFFICULTIES QUESTIONNAIRE (SDQ)



To identify boys with mental health disorders
28 items about boys functioning:

- Emotional symptoms: “many worries”
- Conduct problems: “often has temper tantrums”
- Hyperactive behavior: “restless and overactive”
- Peer problems: “bullied by other children”
- Pro social behavior: “helpful if someone is hurt”

Scales	Normal	Borderline	Abnormal
Total difficulty score	0-15	16-19	20-40
Emotional symptom score	0-5	6	7-10
Conduct problem score	0-3	4	5-10
Hyperactivity score	0-5	6	7-10
Peer problem score	0-3	4-5	6-10
Prosocial behavior score	6-10	5	0-4

STRENGTHS AND DIFFICULTIES QUESTIONNAIRE (SDQ)

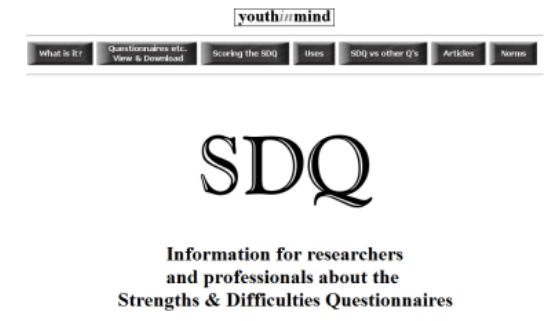
Three versions:

- Parent report 2-17 years.
- Self report version 11-17 years
- Teacher report.

Adequate reliability and good predictive validity

85 languages (!) ; normative data in 10 countries

www.sdqinfo.com



PARS-III

Original authors: Stein & Jessop (1990)

Adjustment and Coping strategies:

28 items:

1. **Peer relations:** making friends of his own
2. **Dependency:** asking for help
3. **Hostility:** responding to discipline
4. **Productivity:** keeping up with tasks
5. **Anxiety/depression:** acting afraid
6. **Withdrawal:** unaware of things going on

PARS-III

N=322 boys and young men with Duchenne

Journal of Pediatric Psychology Advance Access published July 22, 2008

Psychosocial Adjustment in Males with Duchenne Muscular Dystrophy: Psychometric Properties and Clinical Utility of a Parent-report Questionnaire

Jos G. M. Hendriksen,^{1,2,3} PhD, James T. Poysky,⁴ PhD, Debby G. M. Schrans,^{1,2} MSc,
Eric G. W. Schouten,⁵ PhD, Albert P. Aldenkamp,^{1,3} PhD, and Johan S. H. Vles,³ PhD, MD

¹Kempenhaghe Epilepsy Centre, Heeze, ²Franciscusoord, Childhood Rehabilitation Centre, SRL, Valkenburg,

³Department of Neurology, University Hospital Maastricht, ⁴Baylor College of Medicine, Texas Children's Hospital and ⁵Department of Psychology, Maastricht University

PARS-III

Age 4-18 years

Good Reliability (alpha .91)

A score below 72 is indicative of higher risk for adjustment problems

Versions in English, Spanish, Turkish, German, Dutch, French, Tsjech, Greek. Hungarian.

GENERALISED ANXIETY SCALE

GAD-7

GAD-7

Over the <u>last 2 weeks</u> , how often have you been bothered by the following problems?	Not at all	Several days	More than half the days	Nearly every day
1. Feeling nervous, anxious or on edge	0	1	2	3
2. Not being able to stop or control worrying	0	1	2	3
3. Worrying too much about different things	0	1	2	3
4. Trouble relaxing	0	1	2	3
5. Being so restless that it is hard to sit still	0	1	2	3
6. Becoming easily annoyed or irritable	0	1	2	3
7. Feeling afraid as if something awful might happen	0	1	2	3

Total Score — = Add Columns — + — + —

If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all	Somewhat difficult	Very difficult	Extremely difficult
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Self report

Adult population

Reliable and valid

DEPRESSIVE COMPLAINTS

PHQ-9

PATIENT HEALTH QUESTIONNAIRE -9				
Over the <u>last 2 weeks</u> , how often have you been bothered by any of the following problems?	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself — or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3
<p style="text-align: center;"><i>FOR OFFICE CODING</i></p> <p style="text-align: center;">0 + _____ + _____ + _____ = Total Score: _____</p>				
<p>If you checked off <u>any</u> problems, how <u>difficult</u> have these problems made it for you to do your work, take care of things at home, or get along with other people?</p> <p> Not difficult at all <input type="checkbox"/> Somewhat difficult <input type="checkbox"/> Very difficult <input type="checkbox"/> Extremely difficult <input type="checkbox"/> </p>				
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Self report

Adult population

Reliable and valid

PM: item 9 = suicidal ideation

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- The neuromuscular care team should include a mental health professional (ie, psychologist or psychiatrist) with training and experience in assessing and treating psychiatric conditions in the context of chronic medical or neurodevelopmental conditions
- When mental health concerns are identified, the mental health professional should provide further evaluation of individuals with DMD and their family members, and provide cognitive or behavioural interventions to treat psychiatric conditions
- Standard, evidence-based practices should be used for those who need more formal mental health treatment
- Neuropsychological evaluations should be done when cognitive delays, difficulties with emotional and behavioural regulation, or concerns about social skills exist; re-evaluations should be done every 2–3 years to monitor developmental progress and response to interventions
- Neuropsychological evaluations should be considered within the first year of diagnosis to establish a baseline, or when transitioning to adulthood if government-based assistance might be necessary to promote functional independence

PSYCHOLOGICAL CARE:

- Evaluation of patients at risk;
- Neuropsychological evaluation if cognitive delay or behavior problems. Reevaluation within 2-3 years
- Baseline neuropsychological testing within first year of diagnosis and in transition to adulthood

CARE CONSIDERATIONS BY STAGE OF DISEASE

LANCET 2018

	Ambulatory stage or childhood	Early non-ambulatory stage, adolescence, or young adulthood	Late non-ambulatory stage or adulthood
Assessments	<ul style="list-style-type: none"> Consider baseline evaluation during first year of diagnosis Provide developmental (<4 years old) or neuropsychological evaluation (>5 years old) when social or emotional concerns or cognitive delays exist Provide evaluation by speech-language pathologist for children with suspected delays in speech or language development Provide evaluation by social worker at diagnosis and then as needed 	<ul style="list-style-type: none"> Provide neuropsychological evaluation to identify cognitive or learning issues when concerns exist about school performance Provide neuropsychological evaluation when transitioning to adulthood to assess whether government-based assistance might be needed Provide evaluation by social worker of the needs of the patient and family 	<ul style="list-style-type: none"> Provide neuropsychological evaluation when concerns exist about change in functioning or ability to manage daily affairs Provide evaluation by speech-language pathologist for patients with loss or impairment of functional communication ability, chewing difficulties, or dysphagia
Interventions	<ul style="list-style-type: none"> Refer for psychotherapy or psychopharmacology when mental health concerns arise or when needed for the patient or family Implement formal accommodations at school for health, safety, and accessibility; plan for health-related absences Provide parents with resources to educate teachers, school psychologists, and other school personnel Provide parents and patients with resources to educate peers about DMD Refer to psychologist for social skills training as needed Encourage patients and families to stay active and engaged Promote patient self-advocacy and independence 	<ul style="list-style-type: none"> Assist with continuing education, vocational training, and extended transitional education with individualised education programmes until age 22 years Assist with adjustments to accommodate job requirements Arrange for home health-care services if patient's health is at risk because sufficient care cannot be provided in the current setting Notify patients and families about availability of palliative care Assist with arranging respite care for caregivers Make hospice care available for patients at the end of life 	

Figure 1: Considerations for psychosocial care of individuals with Duchenne muscular dystrophy
 DMD=Duchenne muscular dystrophy.

Developmental and neuropsychological evaluation

Speech and language

Social work

Psychopharmaca and psychotherapy

Accommodations at school

Parent resources

Social skills

Self advocacy and independence

LANCET 2018

Pharmacological interventions

- The neuromuscular team should include a psychiatrist or other physician with training and experience in providing medication to treat behavioural or emotional disorders in the context of chronic medical or neurodevelopmental conditions
- Standard prescribing practices should be followed
- Selective serotonin-reuptake inhibitors should be prescribed for depression, anxiety, and obsessive-compulsive disorder
- α -Adrenoceptor agonists (first choice) or atypical antipsychotics (second choice) should be prescribed for aggression and anger or emotional dysregulation
- Stimulants or α -adrenoceptor agonists should be prescribed for attention-deficit hyperactivity disorder

Medication to treat behavior or emotional disorders:

- Standard procedures
- SSRI's for depression, anxiety, OCD
- Alfa adenoreceptor agonists for ODD
- Stimulantia for ADHD

PART 3: EMPIRICAL EVIDENCE AND CLINICAL PRACTICES

CURRENT KNOWLEDGE



Evidence based knowledge is scarce and clinical practice is often based on expert opinion

LOW AVERAGE GENERAL IQ USING WECHSLER SCALE

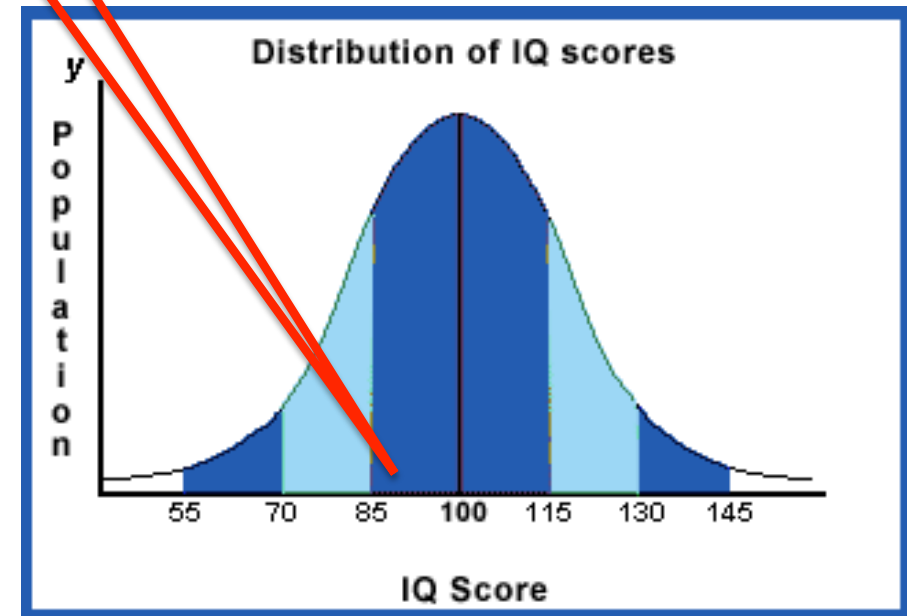
Performance IQ. 93

Verbal IQ 88

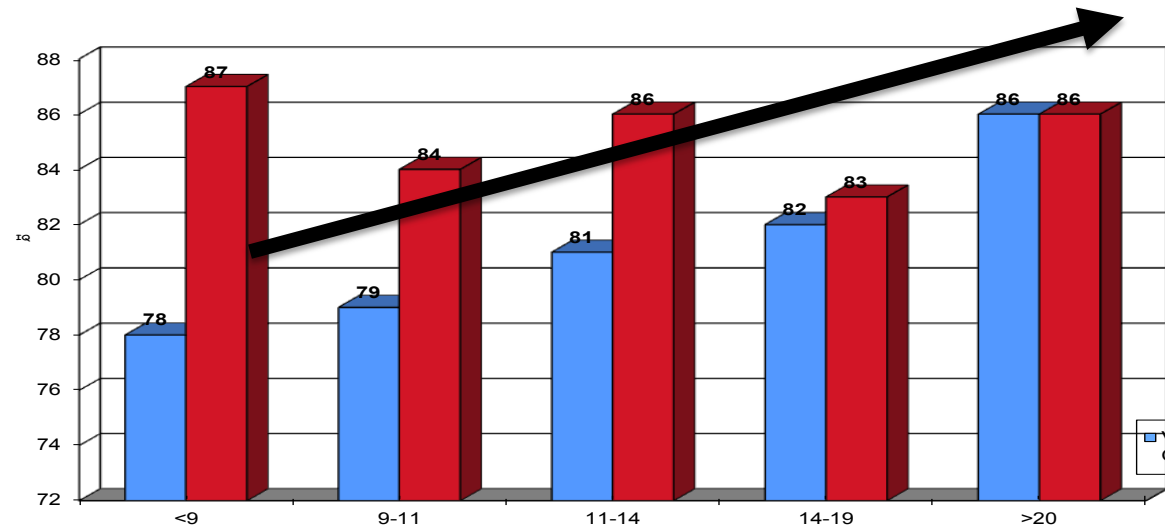
**SCHRANS & HENDRIKSEN
REVIEW (2012)**

**77 STUDIES (1954 – 2012);
N= 377 BOYS**

INTELLIGENCE



VIQ VERSUS PIQ



- No cognitive decline;
- Growing out of a language deficit

Association between intellectual functioning and age in children and young adults with Duchenne muscular dystrophy: further results from a meta-analysis

Sue M Cotton* BBSc GradDipAppSc MAppSc, Orygen Youth Health, Department of Psychiatry, University of Melbourne;
 Nicholas J Voudouris PhD;
 Kenneth M Greenwood PhD, School of Psychological Science, La Trobe University, Victoria, Australia.

NEUROCOGNITION

GENERAL INTELLIGENCE RECONSIDERED:

No prospective follow up data
available

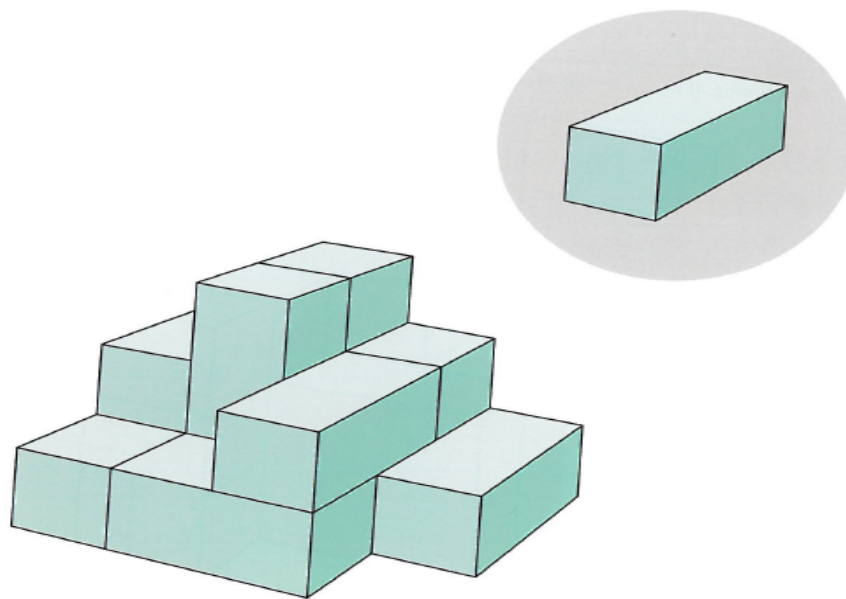
General intelligence may be an
underestimation of their potentials

There is more than a global deficit



PERFORMANCE IQ: SPATIAL THINKING

STRENGTH



HOW MANY
BLOCKS FIT IN
THE BLOCK
DESIGN?

	DMD
SPATIAL THINKING (Block counting)	107

GROWING INTEREST

The relationship between deficit in digit span and genotype in nonsense mutation Duchenne muscular dystrophy

Mathula Thangarajh, MD, PhD, Gary L. Elfring, PhD, Panayiota Trifillis, PhD, Joseph McIntosh, MD, and Stuart W. Peltz, MD, on behalf of the Ataluren Phase 2b Study Group

Neurology® 2018;00:1-5. doi:10.1212/WNL.0000000000006245

Correspondence

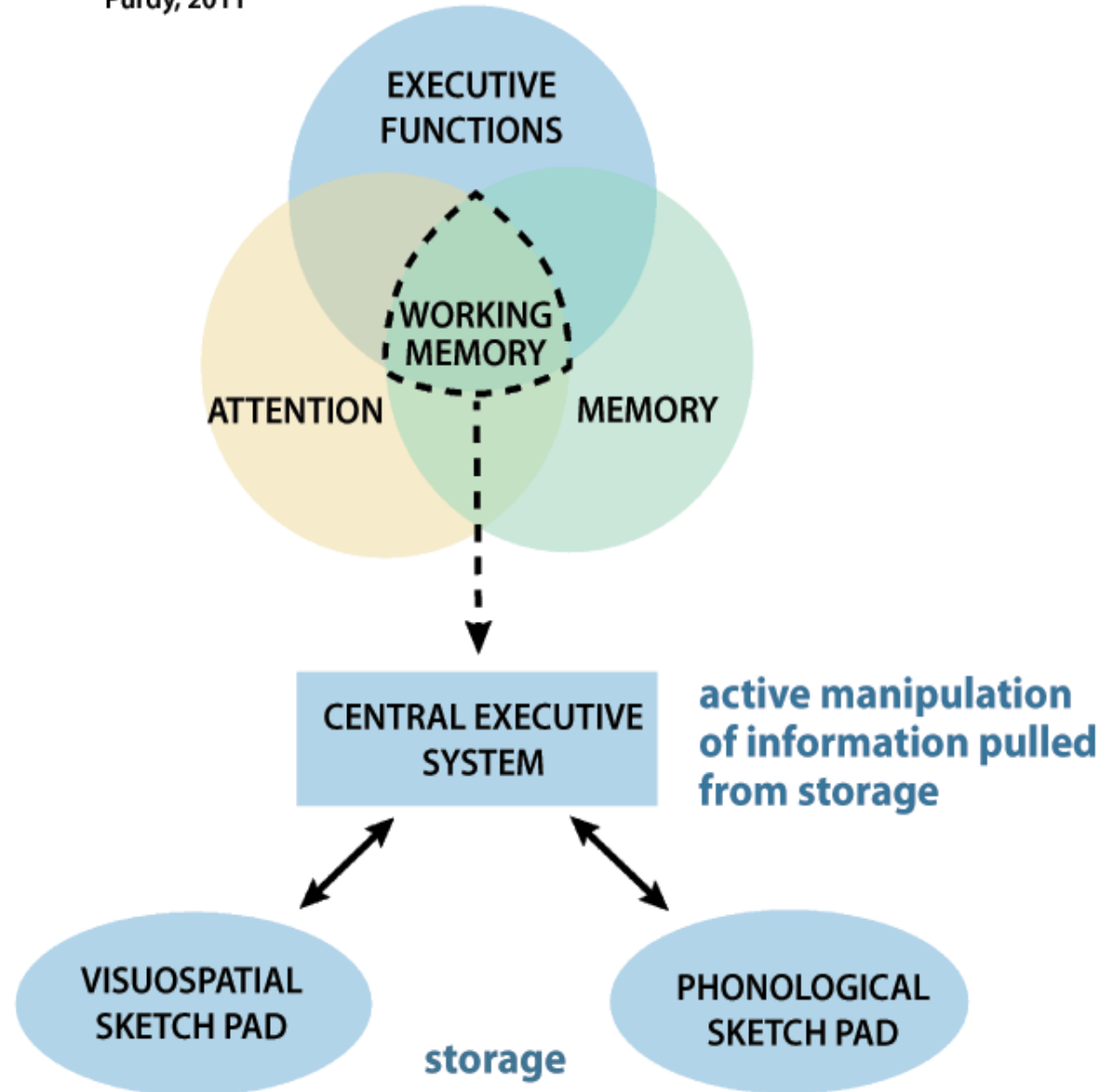
Dr. Thangarajh
mthangar@
childrensnational.org

Cognitive profile in Duchenne muscular dystrophy boys without intellectual disability: The role of executive functions

R. Battini ^{a,b,1}, D. Chieffo ^{a,1}, S. Bulgheroni ^c, G. Piccini ^d, C. Pecini ^b, S. Lucibello ^a, S. Lenzi ^b,
F. Moriconi ^a, M. Pane ^a, G. Astrea ^b, G. Baranello ^c, P. Alfieri ^d, S. Vicari ^d, D. Riva ^c, G. Cioni ^{b,e},
E. Mercuri ^{a,*}

Purdy, 2011

CONCEPTUAL FRAMEWORK



Relationship
between
attention
working memory
and executive
functions

WORKING MEMORY

BOTTLE NECK THEORY

Transfer information from short term memory to long term memory



Digit span task:

2-3

4-8

5-6-1

7-9-2

.....

SPEED OF INFORMATION PROCESSING

ATTENTION

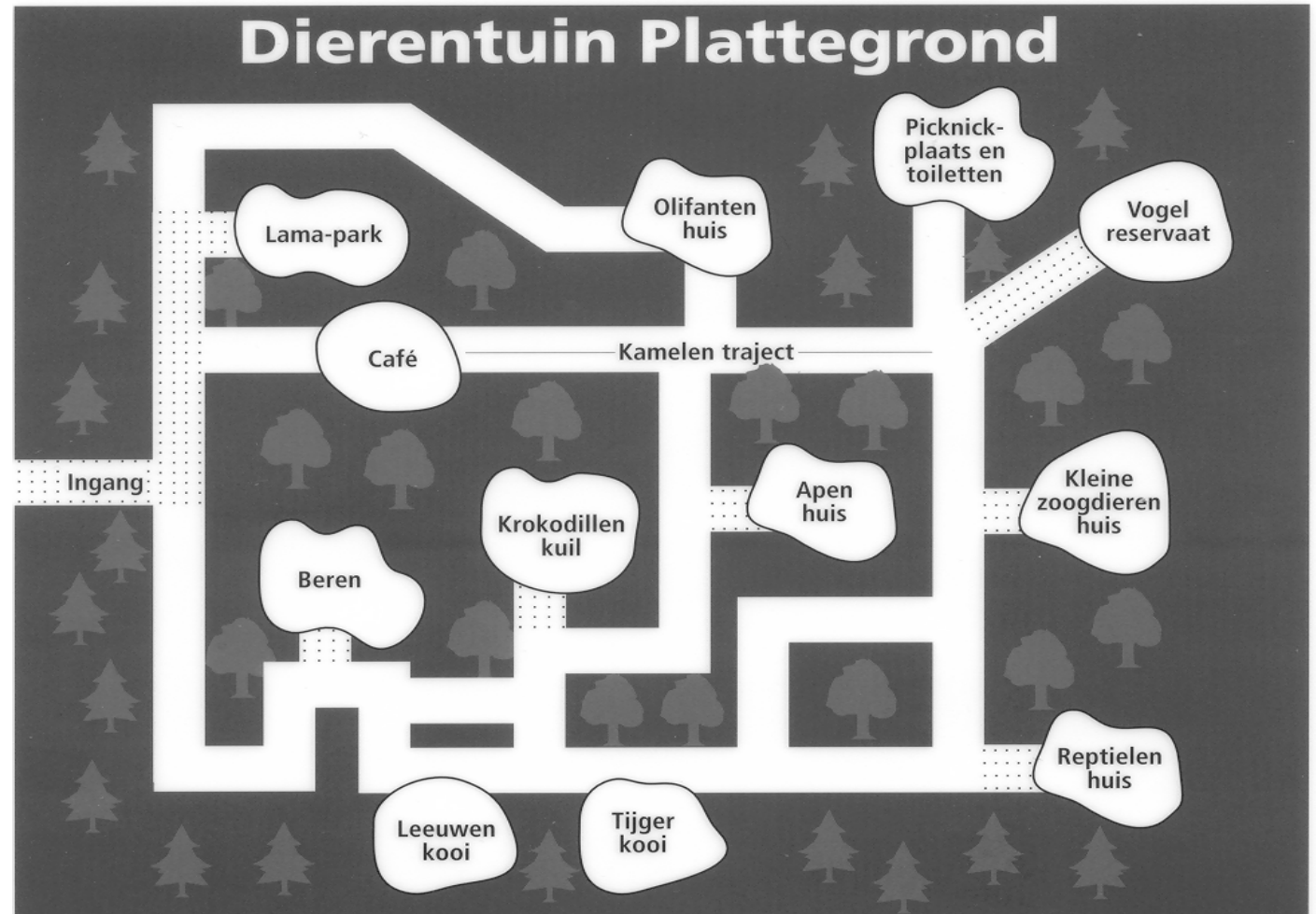
Processing Speed Example of a Symbol Search Task

€ £	€	≠	¥	\$	<input type="button" value="YES"/>	<input type="button" value="NO"/>
ø f	√	‡	Π	◇	<input type="button" value="YES"/>	<input type="button" value="NO"/>

FIND YOUR WAY IN THE ZOO:

EXECUTIVE FUNCTIONS

GO FROM
THE
ENTRANCE
TO THE
PICKNICK
AND IN THE
MEANWHILE
VISIT THE
APES AND
THE LAMAS



WEAKNESS

WORKING MEMORY

Several studies in DMD:
Verbal working memory problems (i.e. limited verbal span in recalling digits, poor story recall and sentence repetition), are described as core neurocognitive deficits.

	DMD
SPATIAL THINKING (Block counting)	107
AUDITORY WORKING MEMORY (Wechsler number recall)	85

AUTOMATISATION

Learning to read and learning
arithmetics has to do with
automatisation

LEARNING

جمعية النجاة الخيرية

صندوق إعانة المرضى

الرابطة الكويتية للدسلكسيا

(مركز محمد الخرافي لعسر القراءة)

QUICK AND
AUTOMATIC
DECODING
OF SIGNS
INTO
SOUNDS

QUICKY NAME THESE LETTERS:

AUTOMATISATION



d
o
a
s
p
s
a
p
d
o

a
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p
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DUCHENNE & DYSLEXIA: 27 -42%

Population mean : 3%

AUTOMATISATION



Are Males With Duchenne Muscular Dystrophy at Risk for Reading Disabilities?

Jos G.M. Hendriksen, PhD*[†] and Johan S.H. Vles, PhD, MD[‡]



Contents lists available at [ScienceDirect](#)

Research in Developmental Disabilities

Reading impairment in Duchenne muscular dystrophy:
A pilot study to investigate similarities and differences
with developmental dyslexia

Guja Astrea^{a,*}, Chiara Pecini^a, Filippo Gasperini^a, Giacomo Brisca^b,
Marianna Scutifero^c, Claudio Bruno^b, Filippo Maria Santorelli^a,
Giovanni Cioni^{a,d}, Luisa Politano^c, Anna Maria Chilosi^a, Roberta Battini^a

^a Department of Developmental Neuroscience, IRCCS Fondazione Stella Maris, Viale del Tirreno 331, 56128 Calambrone, Pisa, Italy
^b Center of Myology and Neurodegenerative Disorders, Department of Neuroscience, IRCCS G. Gaslini Institute, Via Gerolamo Gaslini,
5, 16148 Genoa, Italy





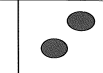

^c Department of Experimental Medicine, Cardiology and Medical Genetics, Second University of Naples, Piazza Miraglia, 80131 Naples,
Italy

^d Department of Clinical and Experimental Medicine, University of Pisa, Italy

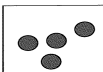
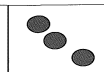
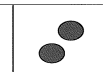
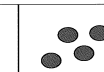
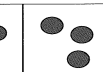
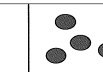
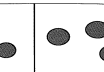
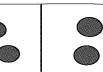
QUICKY NAME THE NUMBERS:

AUTOMATISATION

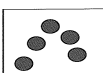
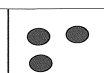
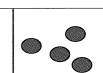
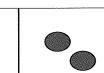
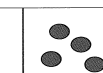
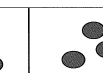
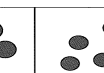
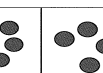
Schrijf het bijbehorende cijfer op. →

							
2	3	4	3	2	3		



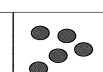
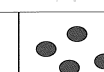


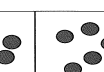
→

							
4	3	2	4	3	4	3	2


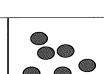

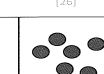
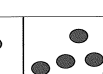

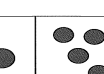
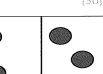
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5	3	4	2	4	3	5	4

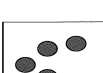

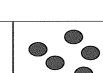
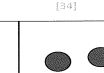
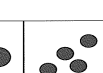


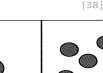
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6	2	5	4	2	5	6	


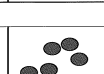

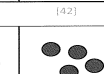
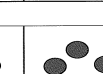
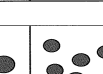
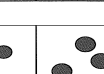

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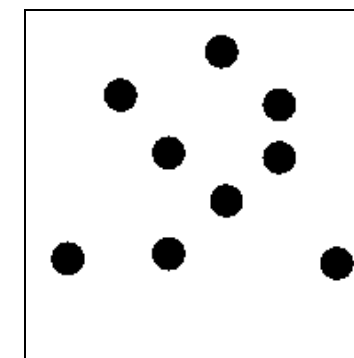
							

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DIFFICULTIES WITH MATHEMATICS

No data in DMD population

AUTOMATISATION



Tafelkaart

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
2	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36	38	40
3	3	6	9	12	15	18	21	24	27	30	33	36	39	42	45	48	51	54	57	60
4	4	8	12	16	20	24	28	32	36	40	44	48	52	56	60	64	68	72	76	80
5	5	10	15	20	25	30	35	40	45	50	55	60	65	70	75	80	85	90	95	100
6	6	12	18	24	30	36	42	48	54	60	66	72	78	84	90	96	102	108	114	120
7	7	14	21	28	35	42	49	56	63	70	77	84	91	98	105	112	119	126	133	140
8	8	16	24	32	40	48	56	64	72	80	88	96	104	112	120	128	136	144	152	160
9	9	18	27	36	45	54	63	72	81	90	99	108	117	126	135	144	153	162	171	180
10	10	20	30	40	50	60	70	80	90	100	110	120	130	140	150	160	170	180	190	200
11	11	22	33	44	55	66	77	88	99	110	121	132	143	154	165	176	187	198	209	220
12	12	24	36	48	60	72	84	96	108	120	132	144	156	168	180	192	204	216	228	240

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BRAAMS

?

NEUROPSYCHIATRIC DISORDERS IN DMD

BEHAVIOR

- **ADHD:** Attention Deficit Hyperactivity Disorder
- **ASD:** Autism Spectrum Disorder
- **OCD:** Obsessive Compulsive Disorder

ATTENTION DEFICIT ADHD

INHIBITION IS CORE CONCEPT

WHEN I WANT HIM TO STOP HE
GOES ON AND ON, AS IF THERE
IS NO BRAKE ON HIS BEHAVIOR

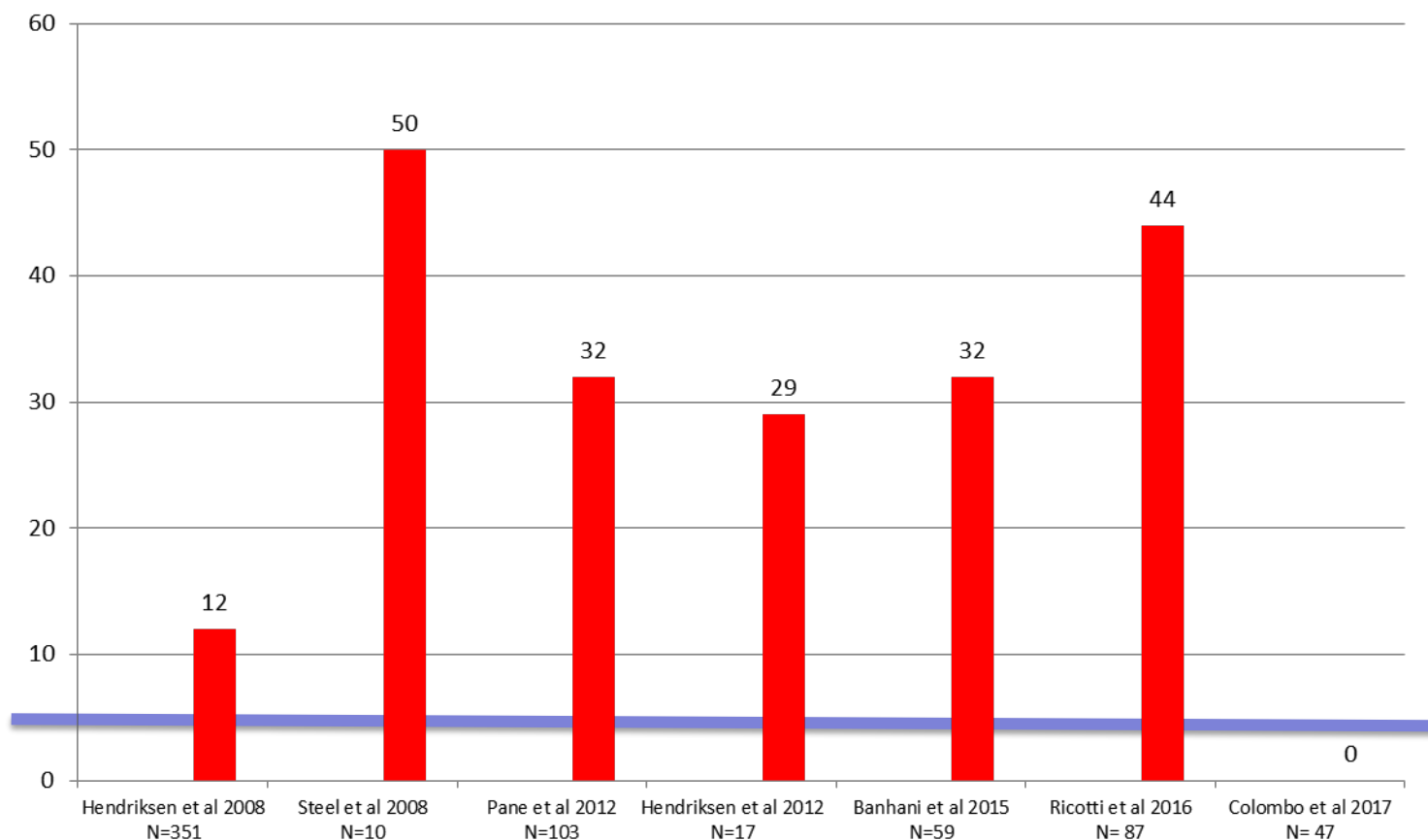
Three core symptoms:

- Inattention
- Impulsivity
- hyperactivity



ATTENTION DEFICIT

PREVALENCE OF ADHD IN DMD:



ATTENTION DEFICIT ADHD

ELSEVIER

Official Journal of the European Paediatric Neurology Society

Original article

Assessing mental health in boys with Duchenne muscular dystrophy: Emotional, behavioural and neurodevelopmental profile in an Italian clinical sample

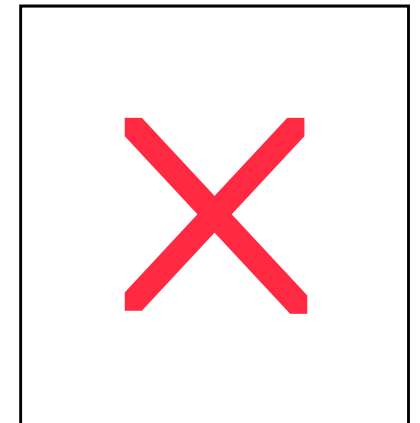


Paola Colombo ^a, Maria Nobile ^{a,*}, Alessandra Tesei ^a, Federica Civati ^b,
Sandra Gandossini ^b, Elisa Martelli ^a, Massimo Molteni ^a, Nereo Bresolin ^c,
Grazia D'Angelo ^b

.. no ADHD comorbidity was found.

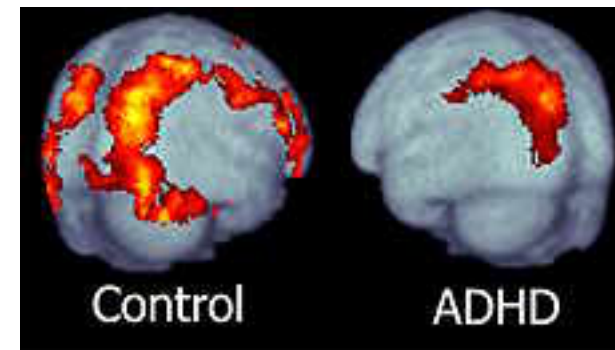
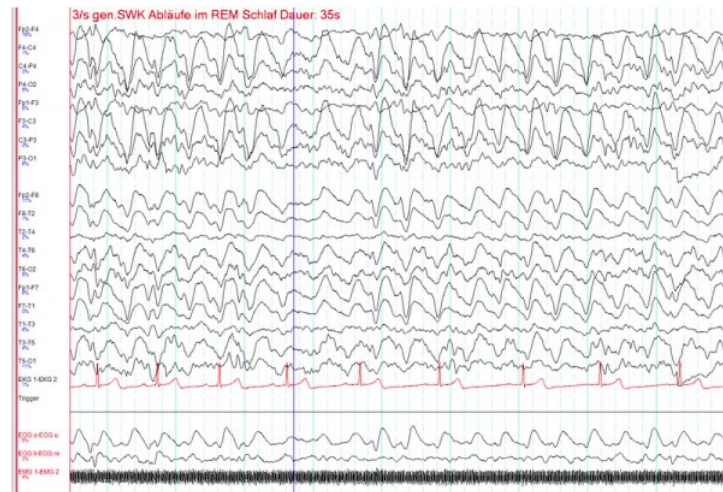
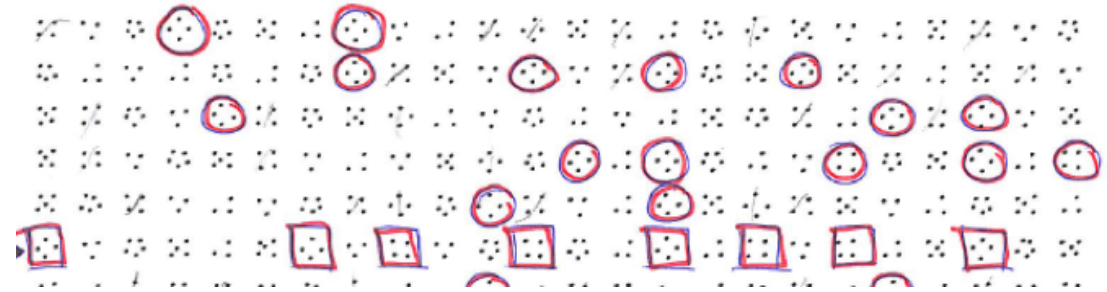
.. CBCL, SDQ are not as useful, as children with DMD cannot display the same type of hyperactivity symptoms, such as fidgetiness, due to their motor problems.

RISK OF FALSE
NEGATIVES



ATTENTION DEFICIT ADHD

ADHD = CLINICAL DIAGNOSIS NO BIOMARKERS AND NO TESTS



ATTENTION DEFICIT ADHD

IOWA CONNERS: SCREENING

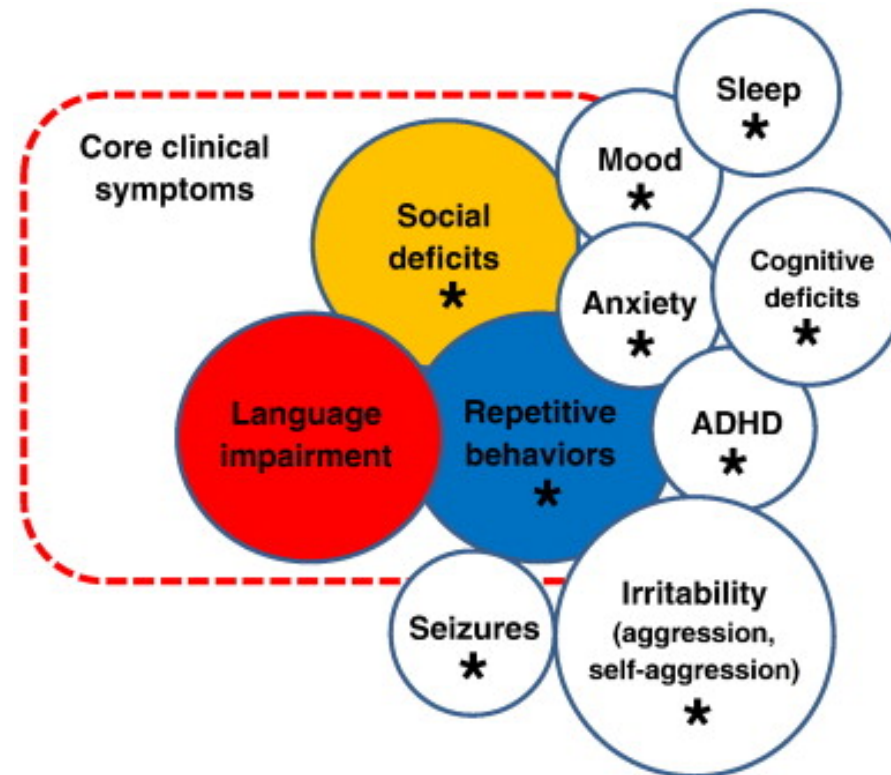
Please circle the number that best describes your boys behavior **TODAY**

0= not at all; 1= Just a little; 2= pretty much; 3=Very much

1.	Fidgeting	0	1	2	3
2.	Hums and makes other noises	0	1	2	3
3.	Excitable, impulsive	0	1	2	3
4.	Inattentive, easily distracted	0	1	2	3
5.	Fails to finish things he starts- short attention span	0	1	2	3
6.	Quarrelsome	0	1	2	3
7.	Acts 'smart'	0	1	2	3
8.	Temper outbursts - behavior explosive and unpredictable	0	1	2	3
9.	Defiant	0	1	2	3
10.	Uncooperative	0	1	2	3

POPULATION MEAN = 0.5%

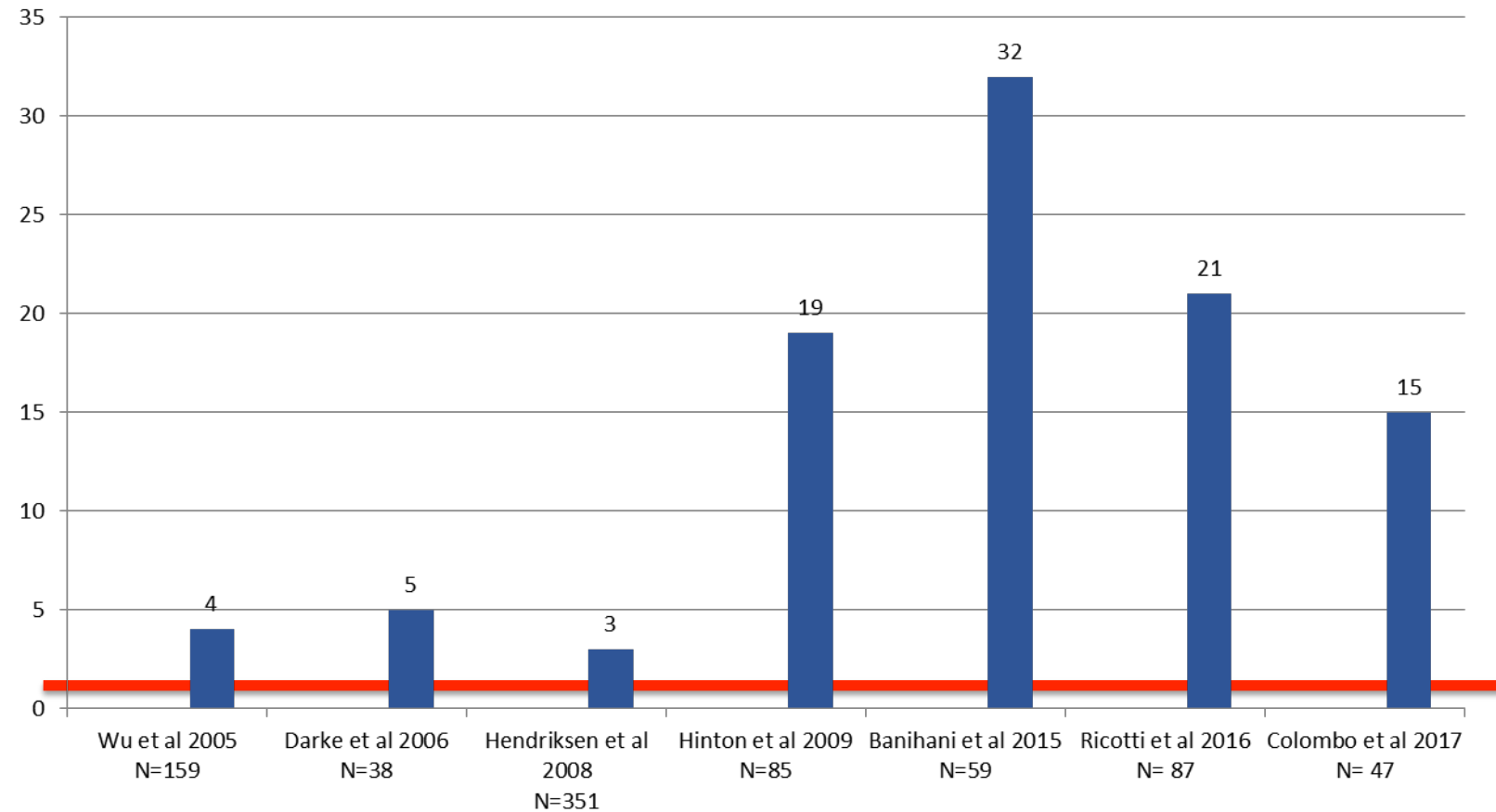
AUTISM SPECTRUM



REPETITIVE
BEHAVIORS=
OBSESSIONS

PREVALENCE OF ASD IN DMD 4-32%:

AUTISM SPECTRUM



AUTISM SPECTRUM

HOW DIAGNOSIS WAS MADE:

Wu (2004)	Clinical history on basis of DSM-IV classification
Darke et al (2006)	Social Communication Questionnaire and Children's Communication Checklist
Hendriksen et al (2008)	Clinical history on basis of parent report
Hinton et al (2009)	Social Communication Questionnaire
Bahnihani et al (2015)	DSM-IV and Autism Diagnostic Observation Schedule (ADOS)
Ricotti et al (2016)	Social Communication Disorder Checklist
Colombo et al (2017)	Autism Diagnostic Observation Schedule (ADOS)

OBSESSIVE COMPULSIVE DISORDER

Original Article

Descriptive Phenotype of Obsessive Compulsive Symptoms in Males With Duchenne Muscular Dystrophy

**Angela J. Lee, BA¹, Edward T. Buckingham, MD²,
Aaron J. Kauer, MD², and Katherine D. Mathews, MD³**

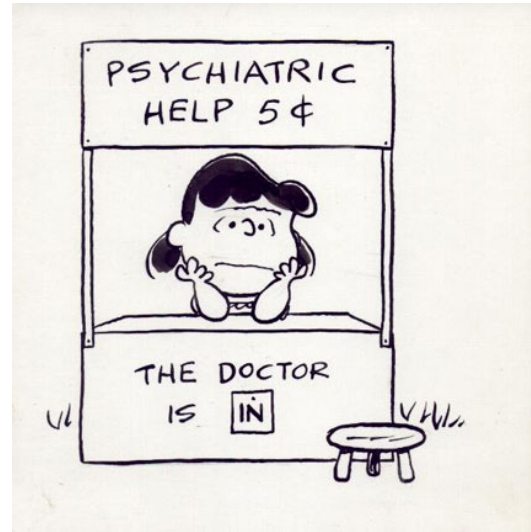
Journal of Child Neurology
2018, Vol. 33(9) 572-579
© The Author(s) 2018
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sagepub.com/journalsPermissions.nav
DOI: 10.1177/0883073818774439
journals.sagepub.com/home/jcn



OCD

N = 107; prevalence = 15%
Hendriksen et al (2008) = 5%

TREATMENT OPTIONS



	Ambulatory stage or childhood	Early non-ambulatory stage, adolescence, or young adulthood	Late non-ambulatory stage or adulthood
Assessments	<ul style="list-style-type: none"> Consider baseline evaluation during first year of diagnosis Provide developmental (4-5 years old) or neuropsychological evaluation (4-5 years old) when social or emotional concerns or cognitive delays exist Provide evaluation by speech-language pathologist for children with suspected delays in speech or language development Provide evaluation by social worker at diagnosis and then as needed 	<ul style="list-style-type: none"> Provide neuropsychological evaluation to identify cognitive or learning issues when concerns exist about school performance Provide neuropsychological evaluation when transitioning to adulthood to assess whether government-based assistance might be needed 	<ul style="list-style-type: none"> Provide neuropsychological evaluation when concerns exist about change in functioning or ability to manage daily affairs Provide evaluation by speech-language pathologist for patients with loss or impairment of functional communication ability, swallowing difficulties, or dysphagia
Interventions	<ul style="list-style-type: none"> Refer for psychotherapy or psychopharmacology, or both, when mental health concerns are identified for the patient or family Implement formal accommodations at school for health, safety, and accessibility plan for health-related absences Provide parents with resources to educate teachers, school psychologists, and other school personnel about DMD Provide parents and patients with resources to educate peers about DMD Refer to psychiatrist for social skills training as needed Encourage patients and families to stay active and engaged Promote patient self-advocacy and independence 	<ul style="list-style-type: none"> Set goals for future education and vocational training 	<ul style="list-style-type: none"> Assist with continuing education, vocational training, and extended transitional education with individualized education programmes until age 22 years Assist with adjustments to accommodate job requirements Arrange for home health care services if patient's health is at risk because sufficient care cannot be provided in the current setting Notify patients and families about availability of palliative care Assist with arranging respite care for caregivers Make hospice care available for patients at the end of life

Figure 1: Considerations for psychosocial care of individuals with Duchenne muscular dystrophy (DMD)-Duchenne muscular dystrophy

STANDARDS OF CARE:

- Psychotherapy
- Psychopharmacology
- Formal schoolplanning
- Vocational training
- Psychoeducation
- Social skills training

PSYCHOPHARMACA



Available online at www.sciencedirect.com

ScienceDirect

Neuromuscular Disorders 26 (2016) 659–661



www.elsevier.com/locate/nmd

Case report

Diagnosis and treatment of obsessive compulsive behavior in a boy with
Duchenne muscular dystrophy and autism spectrum disorder: A case report

Jos G.M. Hendriksen ^{a,b,*}, Sylvia Klinkenberg ^{a,b}, Phillipe Collin ^{a,c}, Brenda Wong ^d, Erik H. Niks ^c,
Johan S. Vles ^{a,b}

Case report on a clinical significant and
positive effect of Fluoxetine (20mg/day)
on OCD behavior.

PSYCHOPHARMACA

IN PROGRESS: STUDY ON EFFECT METHYLPHENIDATE IN DMD AND ADHD (N=10)

Lionarons, Hellebrekers et al 2018
European Journal of pediatric Neurology

CAN WORKING MEMORY BE TRAINED?

Efficacy of working memory training in children and adolescents with learning disabilities: A review study and meta-analysis

Janneke C. A. W. Peijnenborgh^{abf}, Petra M. Hurks^c,
Albert P. Aldenkamp^{bdef}, Johan S. H. Vles^{abd} & Jos G.
M. Hendriksen^{adf}

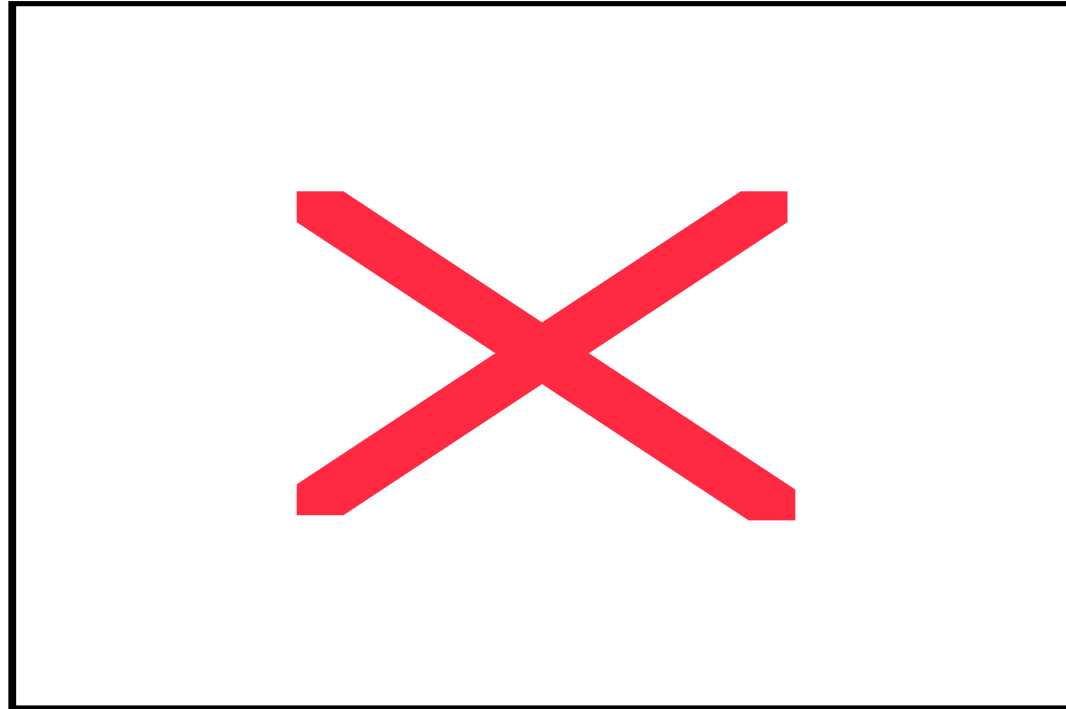
^a Center of Neurological Learning Disabilities,
Kempenhaghe Epilepsy Center, Heeze, The
Netherlands



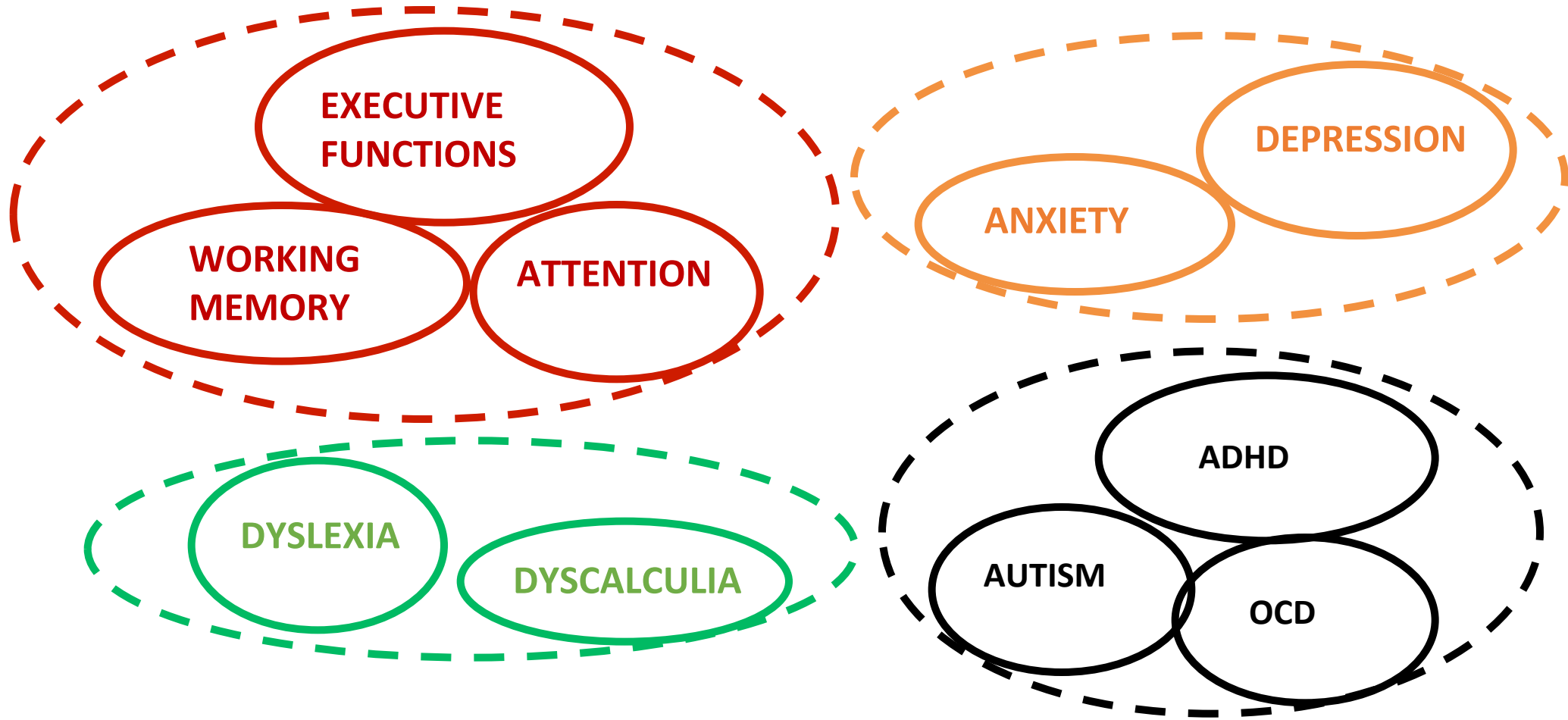
Limited but promising results that merit further attention



SUMMARY AND CONCLUSIONS



SYSTEMATIC SCREENING FOR THE BIG TEN LEARNING BEHAVIOR DUCHENNE



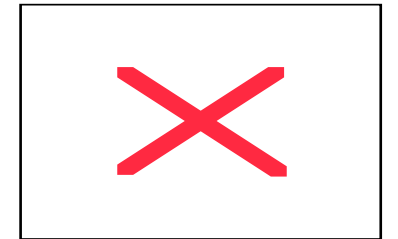
GOLD STANDARD

STEP 1 = ADEQUATE SCREENING **STEP 2 = MAKING A DIAGNOSIS**

We need to develop a gold standard of screening and detecting mental health problems in boys and young men with DMD.

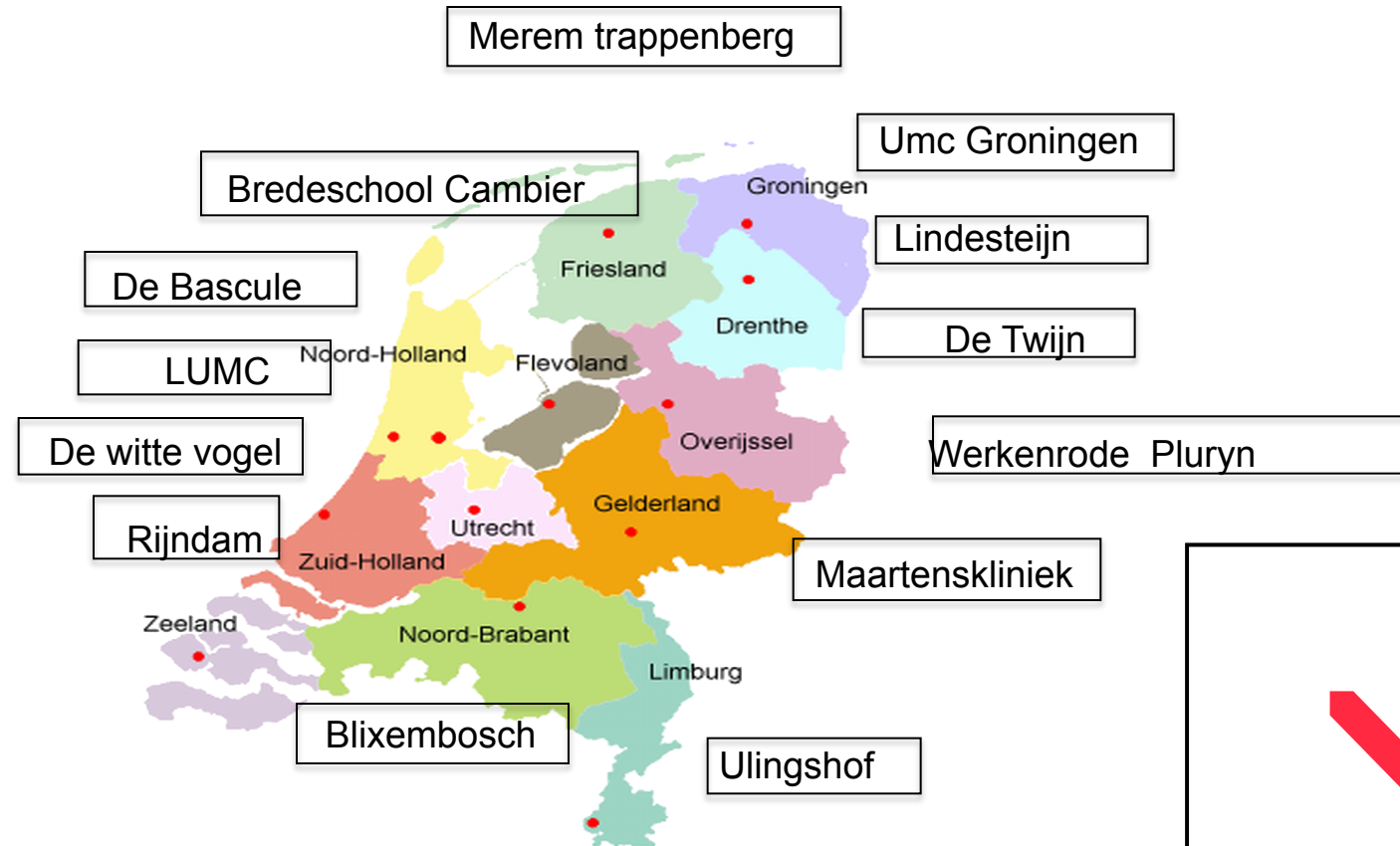
Physical limitations may result in false negatives (Colombo et al 2017)

and also false positives (!)



DUTCH FORUM FOR PSYCHOLOGISTS AND EDUCATIONALISTS

Nationwide and uniform protocol





TO CONCLUDE

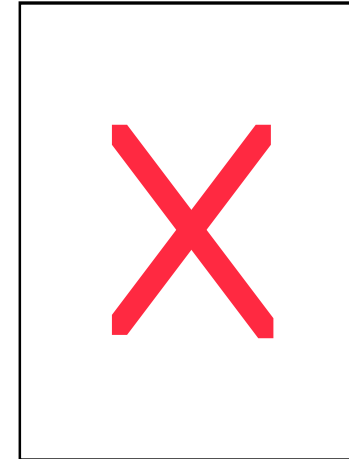
- **MIND THE GAPS IN OUR KNOWLEDGE**
(DIAGNOSTICS AND TREATMENT OPTIONS). PROTOCOLS NEED TO BE DEVELOPED
- **BEWARE OF FALSE POSITIVE AND FALSE NEGATIVE SCREENING & DIAGNOSIS**
- **DEVELOP A GOLD STANDARD TAKING IN ACCOUNT PHYSICAL AND NEUROCOGNITIVE LIMITATIONS**
- **LETS WORK TOGETHER TO DEAL WITH NON MOTOR COMORBIDITIES**

TEAM

Prof. dr. J.S.H. Vles, child neurologist
Prof. dr. C.G. Faber, neurologist
Dr. J.G.M. Hendriksen, psychologist
Dr. S. Klinkenberg, child neurologist
Dr. G. Hoogland, researcher
D. Hellebrekers, psychologist
J. Lionarons, MD physician
Dr. R. Hendriksen, physician



**THANK YOU FOR YOUR
ATTENTION**



DAILY HASSELS: DAILY STRESSES OF LIFE WITH DMD

GROWING UP

Fatigue

Not able to endure activity

Bodily pain

Asking for help

Waiting for help

32 DUCHENNE;

WEAKNESS

	DMD
SYMBOL SEARCH (Wechsler scale)	102
SPATIAL THINKING (Block counting)	107
AUDITORY WORKING MEMORY (Wechsler number recall)	85

Reduced Cerebral Gray Matter and Altered White Matter in Boys with Duchenne Muscular Dystrophy

Nathalie Doorenweerd, MSc,^{1,2,3} Chiara S. Straathof, MD,³ Eve M. Dumas, PhD,³
 Pietro Spitali, PhD,⁴ Ieke B. Ginjaar, PhD,⁵ Beatrijs H. Wokke, MD,³
 Debby G. Schrans, MSc,⁶ Janneke C. van den Bergen, MD,³
 Erik W. van Zwet, PhD,⁷ Andrew Webb, PhD,¹ Mark A. van Buchem, MD, PhD,¹
 Jan J. Verschuuren, MD, PhD,³ Jos G. Hendriksen, PhD,^{6,8} Erik H. Niks, MD, PhD,³
 and Hermien E. Kan, PhD^{1,2}

AQUIRED ADHD IN DMD IS OVERSHADOWED BY MUSCLE PROBLEMS

EUROPEAN JOURNAL OF PAEDIATRIC NEUROLOGY 19 (2015) 521–524



Official Journal of the European Paediatric Neurology Society



Original article

Diagnostic overshadowing in a population of children with neurological disabilities: A cross sectional descriptive study on acquired ADHD



J.G.M. Hendriksen ^{a,b,c,*}, J.C.A.W. Peijnenborgh ^{a,b,d}, A.P. Aldenkamp ^{b,c,d,e},
J.S.H. Vles ^{a,c,d}

DIAGNOSTIC OVERSCHADOWING

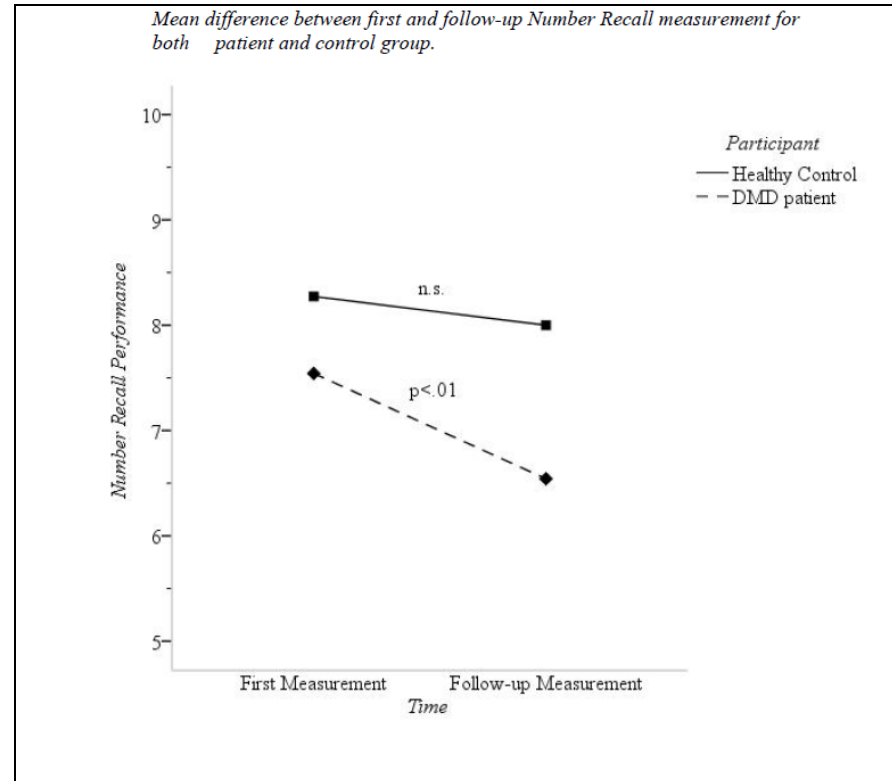
POPINT OF THE STORY



THE PRESENCE OF ONE MEDICAL CONDITION INTERFERES WITH THE
AWARENESS OF ANOTHER CONDITION

LONGITUDINAL FOLLOW UP OF WM

WEAKNESS



24 DMD boys
12 healthy controls

significant decline in NR
performance over time
($t(23)=2,937$; $p<.01$)

Hellebrekers, Hendriksen et al
submitted for publication

DUCHENNE AND AUTISM

Original Article

Neuropsychiatric Disorders in Males With Duchenne Muscular Dystrophy: Frequency Rate of Attention-Deficit Hyperactivity Disorder (ADHD), Autism Spectrum Disorder, and Obsessive–Compulsive Disorder

Joseph G. M. Hendriksen, PhD, and Johan S. H. Vles, MD, PhD

Journal of Child Neurology
Volume XX Number X
Month XXXX xx-xx
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10.1177/0883073807309775
<http://jcn.sagepub.com>
hosted at
<http://online.sagepub.com>

ATTENTION AND EXECUTIVE FUNCTION

Even in boys without intellectual impairments
attention and executive functions are
believed to to be impaired

WEAKNESS



Available online at www.sciencedirect.com

ScienceDirect

Neuromuscular Disorders 28 (2018) 122–128



www.elsevier.com/locate/nmd

Cognitive profile in Duchenne muscular dystrophy boys without intellectual
disability: The role of executive functions

R. Battini ^{a,b,1}, D. Chieffo ^{a,1}, S. Bulgheroni ^c, G. Piccini ^d, C. Pecini ^b, S. Lucibello ^a, S. Lenzi ^b,
F. Moriconi ^a, M. Pane ^a, G. Astrea ^b, G. Baranello ^c, P. Alfieri ^d, S. Vicari ^d, D. Riva ^c, G. Cioni ^{b,e},
E. Mercuri ^{a,*}

SERIOUS OBSESSIONS AND COMPULSIONS

e.g. Taking prednisolon was
always preceded by saying 10
times “peanut butter” and taking
exactly 10 sips of water

OCD